

# Gardening with Youth

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## OVERVIEW

### Abstract

Collaboration between Ohio State University Extension 4-H Youth Development, Ag and Natural Resources, Supplemental Nutrition Assistance Program, Scioto County Soil and Water Conservation District, Findlay Manor and the 14th Street Community Center. The community garden was a collaborative effort amongst all program areas. Local community partners contributed to our success by donations of supplies, plants, seeds, tools, fertilizer, time equipment. The underserved youth learned about community service, gardening, pollinators and nutrition in this intergenerational program.

## OUTCOMES

### Collaboration

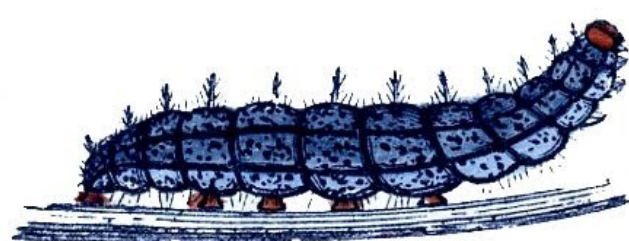
A strong partnership was established amongst all program areas involved which resulted in new educational opportunities throughout the county. A Portsmouth inner-city summer recreation program reached out to Ohio State University Extension in need of a 10 week program. In the past both Extension and the Scioto County Soil & Water Conservation District provided programs. For the Community Garden, the two groups decided to collaborate. Professionals met with children at the garden three times a week for 10 consecutive weeks.



### Partnership

A strong partnership established amongst all program areas of the Scioto County OSU Extension office and the Scioto County Soil & Water Conservation District, Findlay Manor and the 14th Street Community Center.

- How to plant a garden
- Importance of growing their own food
- Cost effectiveness of planting a garden
- Working together
- Pollinators
- Team building
- Nutrition and healthy eating
- Responsibility
- Confidence
- Benefits of physical activity
- Following directions
- A sense of community pride
- Math, Science
- Butterfly Life Cycle
- Measuring



## OUTCOMES

### Butterfly Garden & Preparing Caterpillar Containers



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## STATEMENTS from VOLUNTEERS

**Residents at a local assisted living facility volunteered their time to help in the garden when the youth were not available.**

“The garden was a great activity for Findlay Manor Residents. They enjoyed working with the children and showing them how to work the soil and planting. We are hoping more of our residents take part next season. This was a great way to get our resider involved and working with other.”

– **Service Coordinator Findlay Manor**



## ANALYSIS

### Results from Youth Survey

Name two new things you learned by working with the Community Garden.

“To make a garden in my backyard. They can grow a lot of fruits”

“How to grow a plant. “

“How to weed. “

Was the garden good for your community? And why?

“Because we can feed animals”

“Portsmouth is the unhealthiest.”

“It teaches kids how to work.”

“Because it helped kids with gardening and eating better. “

